

# PSHE Assessment Grid : Coping with Change : Year 6

Coping with Change																			
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Lesson 1	Do children understand that people hold different values?																		
	Can children consider how people will act and react differently to scenarios, based on their values?																		
	Can children identify values that are important to them and how these might affect their reactions to change?																		
Lesson 2	Can children judge whether feelings and behaviours are appropriate and proportionate?																		
	Are children aware that feelings can be conflicting?																		
	Can children identify strategies that have helped them cope with changes effectively?																		
Lesson 3	Can children identify the steps in PLAN when approaching an expected change?																		
	Can children suggest helpful and productive ideas for PLANning an expected change?																		
	Do children know the importance of self-care for their own well-being?																		
Lesson 4	Do children know the importance of self-care for their wellbeing?																		
	Do children have strategies to help with intense or conflicting feelings?																		
	Do children have strategies to help cope with an unexpected change?																		
Lesson 5	Can the children reflect on their strengths and values?																		
	Do the children know what sort of setbacks and challenges they might expect at secondary school?																		
	Do the children understand what new opportunities and responsibilities are available at their new school?																		